# Self-Direction at Work

### Proper use of this concept will help you:

- Identify learning needs
- Formulate learning goals
- Identify human resources that will help you
- Identify material resources that will help you
- Develop strategies for carrying out a learning project
- Carry out those strategies, using goal-setting, self-monitoring, selfmotivation, time management and project management
- Evaluate the learning outcome
- Evaluate the learning process
- Use this evaluation to do better on your next self-directed learning project
- And have fun learning!

Chronic dependency as a learner may require intervention by a licensed self-direction professional.

Use only as self-directed. Some humor required.

Reduce Dependency! Enhance Empowerment! Learn Like an Adult!

# Take Control of Your Learning!

Do you want to feel greater personal autonomy?

Do you want to conduct more of your own education?

Do you want to feel more empowered?

Do you want to teach yourself, without needing teachers or schools?

# **Self-Direction** is for You!

A gift for teachers, writers, and editors from Gerald Grow www.longleaf.net/ggrow